

**BRITISH KENDO ASSOCIATION**



## *Jodobu News and Update for Autumn 2008*

Issue 3

Jodo Bucho – Andy Watson  
Other Member/Grading Officer – Harry Jones  
Squad Manager – Alan Nash  
Jodo High Grade – Chris Mansfield  
Coaching Coordinator – Patty Papageorgiou

Dear members

Well summer has been and gone...but sometimes pops back especially when there is a possibility of being locked in a windowless sports centre with no doors. Having got all the summer seminars out the way we can now look forward to a closing in of the nights, the European Championships, rain, Christmas adverts in August and hopefully lots more training.

Most if not all of you will be aware of the various goings on at the BKA organisational level with the events of this year's AGM and the issues with the Kendo Bucho position. Easy though it would be to try and address some of the questions which have arisen, through this newsletter, I won't. For the time being I hope that political communication can take place through the appropriate channels and these pages can be dedicated to the art and the activities and people who support it. As a final point on this issue though, I will say it has been a tiring and trying period for those involved and I hope that all members of the BKA can realise that when manure hits air circulation devices, nobody gets away smelling clean as the roses.

Anyway getting back to the newsletter, there follow a few reports on the various seminars and taikai which have taken place over the last few months. On the urging of Jock Hopson I am now looking at getting an event planner set up for next year and so invite anyone who is holding a Jodo (or Iaido) event to let me know as soon as possible so that it can be built into the calendar.

I hope you enjoy the read....

*Andy*

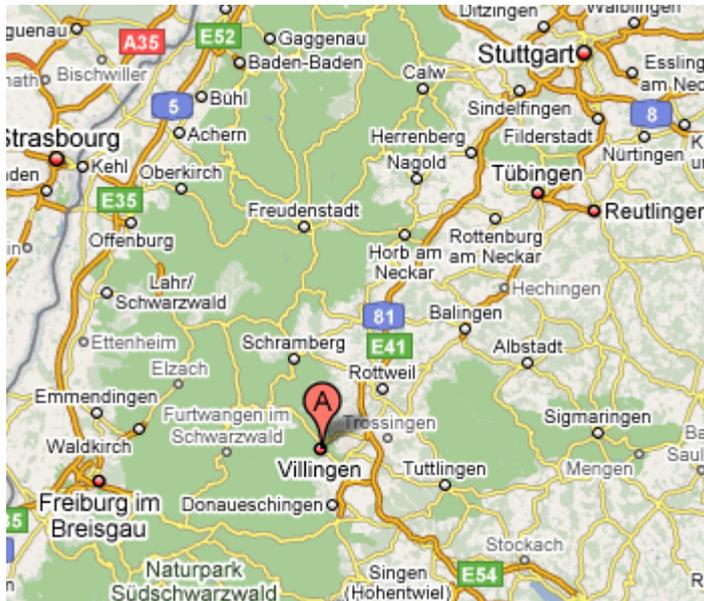
### **Ishido Iaido and Jodo Seminar, Villingen, 15<sup>th</sup> – 18<sup>th</sup> May 2008**

Karl Dannecker once again organised a splendid seminar in Germany this year for Ishido Sensei's visit to Villingen. Those of you who have been to this will know that Villingen sits in a beautiful countryside area of Germany just southwest of Stuttgart. Transport there is easy with regular flights to Stuttgart and reasonable car hire getting you to Villingen within about one hour.

This year we were inundated with teachers from Europe as well including:

Jock Hopson, 7. Dan Iaido Kyoshi, 7. Dan Jodo Renshi  
Chris Mansfield, 7. Dan Iaido Kyoshi, 7. Dan Jodo Renshi  
Louis Vitalis, 7. Dan Iaido Kyoshi, 7. Dan Jodo Renshi

Rene van Amersfoort, 7. Dan Iaido Renshi, 7. Dan Jodo Renshi  
 Len Bean, 7. Dan Iaido Renshi, 5. Dan Jodo  
 Aad van de Wijngaard, 7. Dan Iaido Renshi, 5. Dan Jodo  
 Fay Goodman, 7. Dan Iaido Renshi, 4. Dan Jodo  
 Takao Momiyama, 7. Dan Iaido Renshi, 6. Dan Jodo Renshi  
 Jef Heuvelmanns, 1. Dan Iaido, 6. Dan Jodo  
 (Note: Chris Buxton 6th dan Iaido and Jodo was also present although did not appear on the teachers list)



As usual the seminar started with Jodo for the first two days. The sheer numbers of participants from various countries meant quite a good chance of training with people you had never trained before with (if that makes any sense at all).

With our trusty Logistics Officer, George Valkov in the driving seat, Chris Mansfield and I set off. The seminar was held in a large sports hall in Villingen city itself. The weather was reasonably cool so we could train quite comfortably.

The seminar went very well, lots to practice and loads of people to train with in Jodo. As usual a Jodo taikai was held and to Ishido Sensei's insistence, an Iaido one as well. Guess which Jodo Bucho won gold in both...



(Above: the author experiments with the new German nostril beer-bags, an automated feeding system for fools)

The attendance at Villingen was a good indicator as to how popular these private seminars are becoming and I strongly recommend anyone who wishes to get a bit more "insider knowledge" to get along to these seminars.

On the final day, after a spot of lunch at Suzuki-san's house, we said farewell to Ishido Sensei and headed back on the road to Stuttgart.



George Valkov trying for the blond role in "Abba revisited".  
Left: Therese Helgesson Right: Cee-cee-Celia

### BJA Iaido and Jodo Nationals

The annual iaido and jodo national taikai was once again held in Brighton at Sussex University on the 12<sup>th</sup> and 13<sup>th</sup> July. The attendance was excellent with some 125 individual attendees for iaido with some 30 teams. Jodo was albeit a smaller event but still with a brilliant turnout of 38 individuals and 15 2-man teams.

The full results pdf file can be downloaded from here:

[http://www.fileshack.us/get\\_file.php?id=793265&file=BJA+Taikai+results+2008+Jodo.pdf](http://www.fileshack.us/get_file.php?id=793265&file=BJA+Taikai+results+2008+Jodo.pdf)

A summary of the Jodo results is shown below:

	Mudan	Shodan	Nidan	Sandan	Yon/Godan	Team
<b>Gold</b>	S.Halls	O.Jarvis	D.Silk	A.Nacrour	H.Jones	Seishinkan Larch 111
<b>Silver</b>	A.Wengraf-Hewitt	D.Rowe	L.Early	P.Gibbons	A.Watson	Seishinkan Ash 111
<b>Bronze</b>	J.Howell	E.Matsuo	Metin Hasan	L.Drewe	A.Lee-Nash	Kashiwa A
<b>Bronze</b>	C.Xilotl	P.Wisby	D.Norris	D.Fanning	S.Vidinic	Seishinkan Poplar 111
<b>Fighting Spirit</b>	J.Ranford	E.Matsuo	S.Page	L.Drewe	P.Ellis	Jason Offley & John Armstrong

...and I suppose I will have to put up the laido ones as well...

	Mudan	Shodan	Nidan	Sandan	Yondan	Godan	Rokudan Embu	Team
<b>Gold</b>	D.Parker	R.Stonell	L.Earley	A.Nacroux	S.Vidinic	A.Watson	T.Devine	Seishinkan B
<b>Silver</b>	A.Farley	M.Hartley	D.Silk	J.Stepien	D.Fanning	H.Jones	G.Drewe M.Clarke	Seishinkan A
<b>Bronze</b>	A.Davis	T.Bennett	H.Khan	K.Pickavance	S.Halls	D.Evans		Seishinkan South West
<b>Bronze</b>	G.Force	M.Ford	N.Thompson	W.Edgar	S.Shirreff	D.Collins		Kashiwa A
<b>Fighting Spirit</b>	G.Collins	S.Gerlach	S.Edgar	L.Drewe	G.Fletcher	D.Evans		M.Cook P.Hawrylczak G.Wacey

I would like to express my sincere thanks to the laidobu and Vic Cook without whose support we would not be able to run this event. Most thanks go to Chris Buxton who worked tirelessly in sorting applications and prizes for both the events. Plus of course thanks to all those who contributed to the event by refereeing, floor managing, sticking down tape etc etc.

While I realise that taikai are not for everyone and there are good arguments both for and against taikai, it is of my own opinion that taikai, far from developing competitiveness which for a lot of people is contrary to martial arts practice and development, there are some excellent benefits to participating in taikai:

1. You get an extra practice!
2. In building up for the taikai, people tend to pull out the stops and increase and improve their training regime.
3. It allows you an opportunity to perform the art under the closest conditions you are likely to experience to real combat in the arts that we do.
4. It allows you to see the other jodo or iaido, good or bad, that others are doing.
5. It's a great social event (hic!).
6. It's a good preparer for a grading.

Anyway, you're probably guessing that this is a statement of appeal asking those that don't usually come to the taikai to give it a try. Sincerely from the heart, winning is not anywhere near as important as participating and giving it your best regardless of the result.

### News from Japan – Gradings

Most of you will be aware that to date, Jodo gradings from 6<sup>th</sup> dan and up have always incorporated some koryu as well as the seitei shitei waza. In the UK we have had koryu at 5<sup>th</sup> dan level for a couple of years and have been considering inserting one optional koryu for 4<sup>th</sup> dan as well. Well, how things may change.

This year at the 8<sup>th</sup> dan gradings in Japan, koryu was removed from the shitei waza and instead candidates were paired up randomly with people in their grading group – no more marching on with your favourite training partner.

It seems now that this system will extend down to 7<sup>th</sup> dan and 6<sup>th</sup> dan gradings in Japan. While each country in the IKF is allowed to set its own grading requirements, the BKA has tended to follow ZNKR guidelines as much as possible. This change has been received with a range of responses, most of them cool as far as I can ascertain. Many have protested that while this is appropriate for Kendo where you are wearing armour, for Jodo it could be quite dangerous.

Personally I am not all that enthralled by this change; the elimination of koryu weakens the imperative to learn it and random partner allocation I also believe is dangerous and does

nothing to reflect your own dedication to the grading if you fail because your partner makes a mistake...or you may just be wholly incompatible. We will have to keep watching this issue and see how things evolve....

### **Netherlands Summer Seminar**

July 29<sup>th</sup> to August 3<sup>rd</sup> saw the Netherlands Summer Iaido and Jodo seminar in Eindhoven. This has been the venue for a couple of years now and the facilities are pretty good with an enormous sports centre, the main hotel only 10mins walk away and to our great surprise, a water park just round the corner.

Ishido Sensei brought an excellent delegation for both Iaido and Jodo including:

- Kishimoto Chihiro: Iaido 8-dan Hanshi, Jodo 7-dan Kyoshi
- Kiyota Kuniaki: Iaido 8-dan Kyoshi
- Yoshimura Kenichi: Iaido 8-dan Kyoshi, Jodo 7-dan Kyoshi
- Shoji Keiichi: 7-dan Kyoshi in Jodo en Iaido
- Hatakenaka Atsumi: Iaido 7-dan Kyoshi
- Karakama Mitsuo: Iaido 6-dan Renshi, Jodo 5-dan
- Nagata Yoko: Iaido 5-dan, Jodo 3-dan

The seminar was as usual absolutely excellent with very clear explanations.



BKA members...getting it on!

From the UK, George Valkov and Daniel Silk both took their 2<sup>nd</sup> dan Jodo gradings and passed successfully – well done guys!



Daniel Silk (left) and George Valkov (right) making nidan swishing noises

## IMPORTANT STUFF

Part of the Jodo seminar included an explanation on the change of reiho. This is now fully incorporated and will be a necessary change for gradings and competitions.

The change only affects the movements of the Uchidachi although the Shijo will have to allow a change of timing for the smooth performance of the kata. In line with the Kendo No Kata reiho, the tachi is held in the right hand while approaching the training area. It is held in the sageto position that is to say with the right thumb off the tsuba, the sword held at a relaxed position by the side of the body with the blade descending at about 45 degrees.

The bow is then made to each other with the sword remaining in this position and the body inclined about 15 degrees. On rising and straightening the body, the sword is transferred to the left hand, this change taking place at the centreline of the body. The left thumb is placed on the tsuba and the sword is held at the hip. The sword is then drawn and the kata commences. It is good form for the Shijo to wait for the Uchidachi to place the sword on the left hip before assuming the starting kamae of whichever kata is going to be performed. This however should all be done in a smooth and professional looking movement.

At the end of the performance, the sword is retrieved in the normal tachi osame movement and held momentarily on the left hip. It is then transferred to the right hand at the centreline of the body before returning to its relaxed position at the right hand side of the body. The otagai ni rei is then performed.

I guess this does somewhat interrupt the flow of something which was otherwise quite smooth and simple but isn't so complicated that it shouldn't be implemented as soon as possible to our practice.

There is also a change in the process of carrying out a Jodo embu but that will be covered in a later issue.

While training in Koryu Jodo it is assumed that the old way of performing reiho is preserved. However, if taking a grading with both Koryu and Seitei in it then the Seitei reiho must be conformed to.

## BKA Summer Seminar

With Ishido Sensei visiting Holland this year, the UK received the goodwill and good teaching of three Japanese sensei, Oshita Sensei (8<sup>th</sup> dan kyoshi), Morita (8<sup>th</sup> dan kyoshi) and Otake (iaido 7<sup>th</sup> dan kyoshi, jodo 8<sup>th</sup> dan kyoshi). This was Otake Sensei's 2<sup>nd</sup> visit to the UK this year having been once already for the Eishinkan Seishinkan Jodo Koryu Seminar. He was ably assisted by UK sensei's Jock Hopson, Chris Mansfield, Chris Buxton, Linda and Vito Tattoli.



Otake Toshiyuki Sensei 8<sup>th</sup> dan Jodo Kyoshi

This seminar was a chance to get some widespread confirmation on Sotai Dosa. We quickly zipped through Tandoku Dosa on both days but spent the majority of the morning time getting Sotai Dosa correct. As has been said before, Sotai Dosa is now regarded with extreme importance in Japan such that it is becoming grading criteria in some prefectures.



Sensei's Otake and Chris Mansfield showing correct Dobarai Uchi. Note the upward inclination and angle of the sword when the cut is received.

The remainder of Day 1 and the morning of Day 2 was dedicated to Seiteigata. On the afternoon of the 2<sup>nd</sup> day we took a break from Seitei and had some fun with the introduction of some koryu in the form of Gohon No Midare. Tachi Otoshi No Midare was shown and practiced. This form seams three Seiteigata together starting with Tachiotoshi, then Ranai

and finishing with Midaredome. While knowing those three kata are of course great benefit in performing this kata, the difficulty of the Gohon no Midare (five forms of chaos) is making the seamless links between each kata component so that each form appears as one cohesive kata. The remaining four kata are, if not anything else, long! However, once one gets into the flow of these kata they help the exponent to release themselves from being constrained by technique and allow the kata to flow naturally.

## IMPORTANT STUFF

One other minor but important technical change was shown to me by Otake Sensei: on the page of the new ZNKR Seitei Jodo Manual where the dimensions and materials of the weapons are shown, an addendum has been made that specifies that the tsuba of the tachi should be made from cowhide (the rigid ones sold in this country by Nine Circles). I was aware that this has been a condition in many Japanese dojo for many years but it now seems to be a formal thing.

In my opinion, the use of plastic tsuba should not be immediately banned and all those who continue to use them be hung, drawn and quartered. The use of the cowhide tsuba is a safety one – in comparison to plastic ones they are virtually indestructible. However, this isn't to say that using plastic tsuba offer a significant safety risk. I have seen a plastic tsuba broken once during my budo career and that wasn't while practicing Jodo. It is the Jodobu's recommendation that Jodo members should aim to purchase and use leather tsuba as and when they can but certainly the members of the national squad should start using them when attending the European championships from here on.

As usual the seminar hosted a grading and I would like to express congratulations to the following who passed:

### **1<sup>st</sup> Kyu**

James Ko  
Matthew Smith  
John Ranford  
Scott Halls  
Jason Howell  
Jess Cope  
David Piela  
Jem Pilder

### **1<sup>st</sup> Dan**

Guy Emerson  
Vincent Shopland

### **3<sup>rd</sup> Dan**

Stephen Page  
Matzaras Konstantinos

### **4<sup>th</sup> Dan**

Martin Chambers  
Lesley Drewe

A final note of thanks to Vic Cook for providing support from the laidobu (and the beautiful calligraphy on the menjo), Greg and Lesley Drewe for organising the venue, refreshments and lunches, Chris Buxton for registration and virtually everything that went on behind the scenes, all the teachers who provided support and guidance and Valerie Hodges for standing in as Grading Officer.

## Coaching Update

As I write this I am overseeing delivery of the last Level 1 Coaching Course for 2008. There are a number of updates around coaching I would like to share, firstly an apology to those hoping to get themselves on a Level 2 Coaching Course during this year. My excuses are varied but the only reasonable one I can give you is a lack of time what with all the other things happening in the BKA during this year. It is my hope that with those who are assisting in the development of Level 2, we will have a course worth waiting for completed for the first half of 2009.



### *New member of the Jodobu....*

Some of you will be aware that as planned, Ian Parker-Dodd has now retired from his position of Coaching Head, organiser and bottle washer. In the delivery of good administration and management, Patty Papageorgiou has kindly volunteered to undertake the role of Coaching Coordination for Iaido and Jodo. All applications to either host (by licensed Regional or National Coaches) or attend a coaching course should now be made to Patty at the following email address:

[pattypapageorgiou@hotmail.com](mailto:pattypapageorgiou@hotmail.com)

(Left) Patty Papageorgiou – contact for Iaido and Jodo coaching events

## Jodobu Strategy Update

You may remember that close to the beginning of my term I published a strategy for the Jodobu in order to have some clear targets for growth and development of Jodo in the BKA. It is just over one year on and I would like to report on one of the key indicators of performance in the Jodobu: membership.

During Malcolm Smalley's role as Membership Officer for the BKA there has been quite a lot of data cleansing of the membership database and this has eliminated some of the "phantom" members from the Jodo membership list. Hence it would appear that Jodobu individual members have decreased in the last two years. In reality this may be in fact the reverse of the truth as I am sure that actual practicing Jodo members have increased just as seminar attendance is increasing. Anyway the numbers are:

In 2008, 226 members renewed or initiated their membership. This is down from 247 from 2007 and 263 from 2006.

It is my hope that now we are starting the membership count from a much "cleaner sheet" we will see some real growth in the forthcoming years.

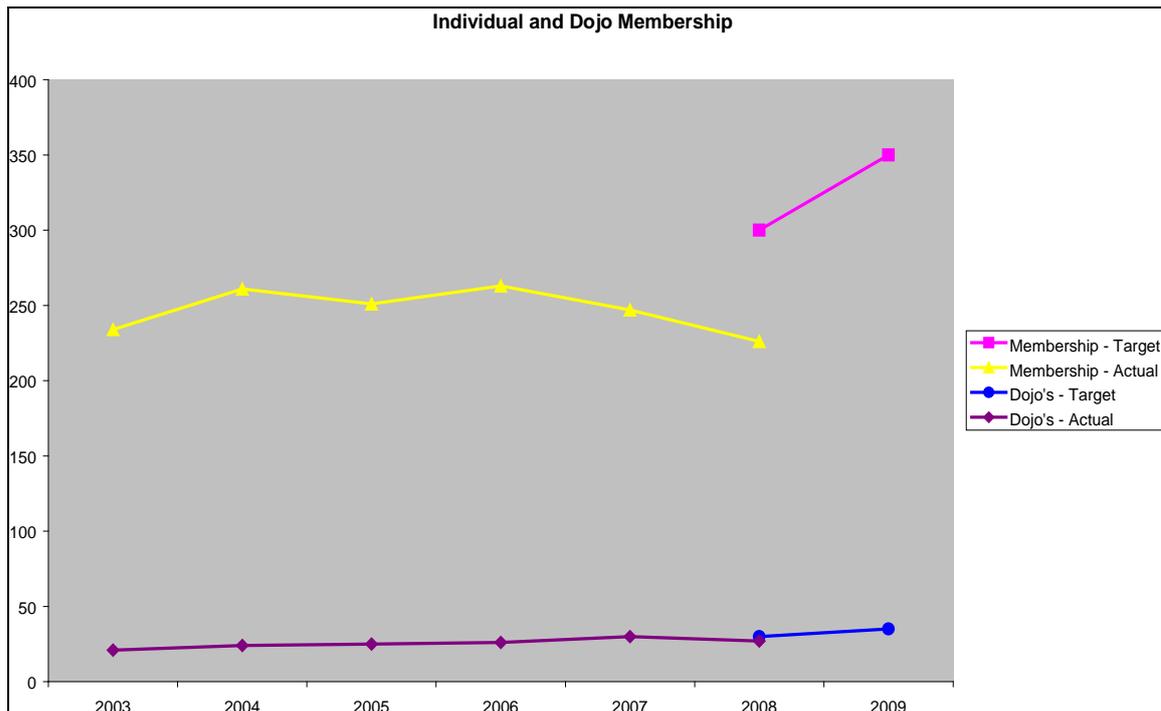
To promote that growth, the second important indicator is the number of member dojos. This has been easier to trace but has still seen some data cleansing:

In 2008, 27 dojos registered as doing Jodo. This is down from 30 from 2007 but up from 26 from 2006.

I am happy to see that within the last year, while we have apparently lost some dojo's through data cleansing, we have solidly gained four more. All of the registered dojo are shown here with leaders and listed in order of date that they commenced:

Dojo Name	Region	Bu	Dojo Leader
	South		
Shinbukan Brighton	East	ij	Victor Charles Cook
Hagakure Dojo	London	kij	Leonard Kinnear Bean
Seishinkan (Ealing)	London	ij	Christopher Paul Mansfield
JinMuKan	East	ij	James (Jim) Jones
Kenyukan (Stevenage)	East	ij	Gregory Scott Drewe
	South		
Eishinkan	East	ij	Anthony Patrick (Jock) Hopson
Masamune	Midlands	ij	Fay Yvonne Goodman
Kashiwa	London	kij	Vito Tattoli
Seishinkan South West London	London	ij	Hilary Hadley
	North		
Doshinkenjukai Halifax (Iai/Jodo)	East	ij	Keith Anthony Rose
St. Paul's School	London	kij	Robert John Lawrance
	South		
Kawagishi	West	ij	David Wentworth Collins
	North		
Budokan	East	kij	Ian Applegarth
Shonenjuku Glasgow	Scotland	ij	William Low Smart
	North		
Ojika	East	kij	Martin Edward Chambers
Hagakure West London	London	ij	Dragomir Lubomirov
Shinmyoken Phoenix	Midlands	ij	Anthony Patrick (Tony) Janew
Hagakure West Country (Fudoshin)	South		
	West	ij	Michael George Simmonett
	South		
Kashiwa Ramsgate	East	ij	Peter Gibbens
	South		
San Shu	West	ij	Alan William Paul (Buster) Brown
	South		
Kajishima	East	kij	Stephen John Bailey
Katsujinken	Midlands	ij	Patrick John Breheny
	South		
Seishinkan (Swindon)	West	ij	Alan John Nash
Shinbukan London	London	ij	Collette Susan Starzacher
Busen	London	j	Christopher Paul Mansfield
Miken	Midlands	ij	Alain Bangard
Ryushinkan	East	ij	Peter Ellis

A summary chart showing growth of membership in the last few years is shown below:



There was considerable interest in taking up the Dojo Kickstart fund which I put in the Jodo budget for this year. I am hoping to do the same for next year. For those who are unaware of it, for new and emerging Jodo dojo (and laido as well I suspect) there are subsidies to help dojo leaders get going giving due consideration to the high cost of starting a dojo. You should contact the Bucho when applying for these. The subsidies include:

- 50% subsidy on year 1 coach insurance for 2 coaches at 3 dojos
- 50% subsidy on year 1 dojo registration/insurance at 3 dojos
- 100% coach course tutor expenses for 3 dojos (2 courses)

### Upcoming Events

At the time of writing this there were no significant changes to the calendar. Squad training sessions are now open to the selected squad only until after the Europeans and so squad members will be contacted directly with training dates. As things go...

- 8<sup>th</sup> and 9<sup>th</sup> November – Darlington laido and Jodo Seminar and Grading (laido applications now closed due to being full, Jodo applications still open)
- 1<sup>st</sup> to 6<sup>th</sup> December – European Championships
- 20<sup>th</sup> December – Eishinkan 5<sup>th</sup> Jodo Taikai

**Tired of reading Andy Watson's monotonous drivel? Got something to tell the world? Want to see your name in print and maybe up in flashy lights?**

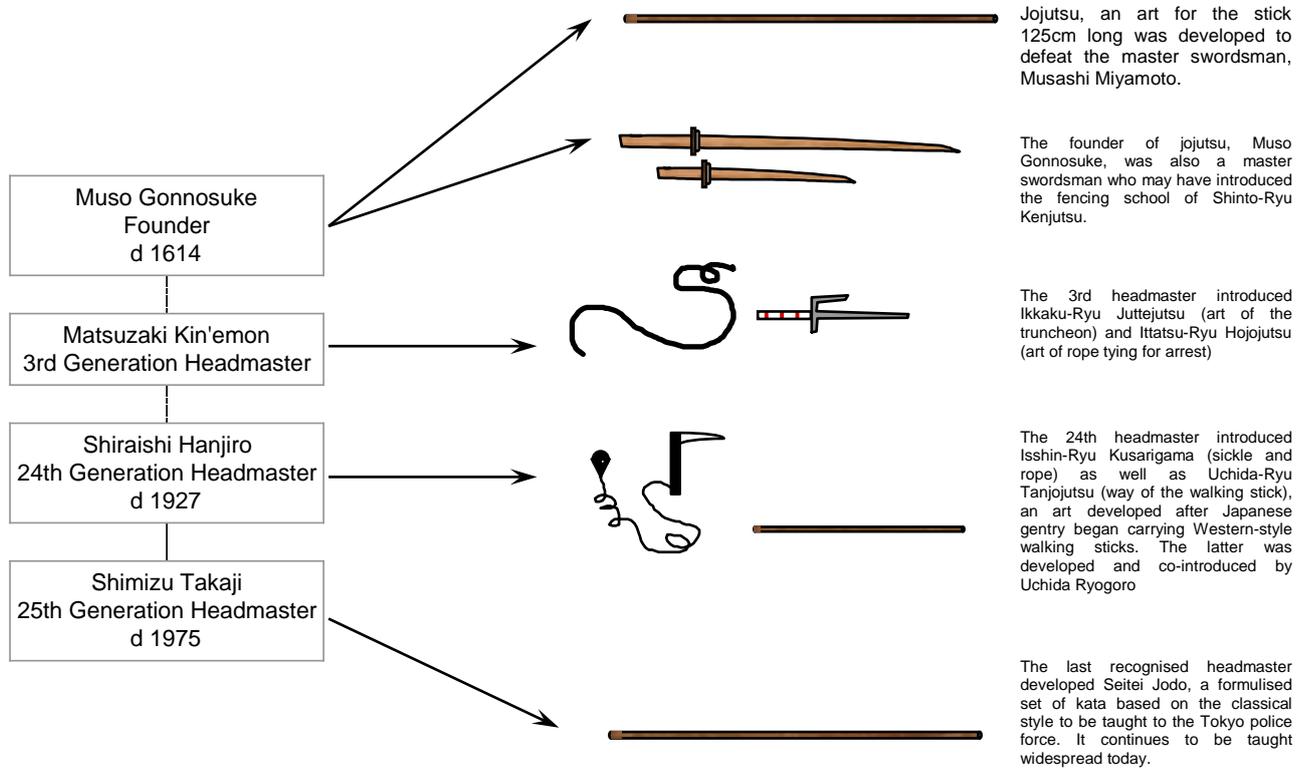
**Then please contribute to this newsletter...we would be glad to receive and publish your seminar reports, letters, random thoughts and any other news you think we all should know about.**

**All transmissions to Andy ([spoonifer@yahoo.co.uk](mailto:spoonifer@yahoo.co.uk))**

## Technical Digest Part 2

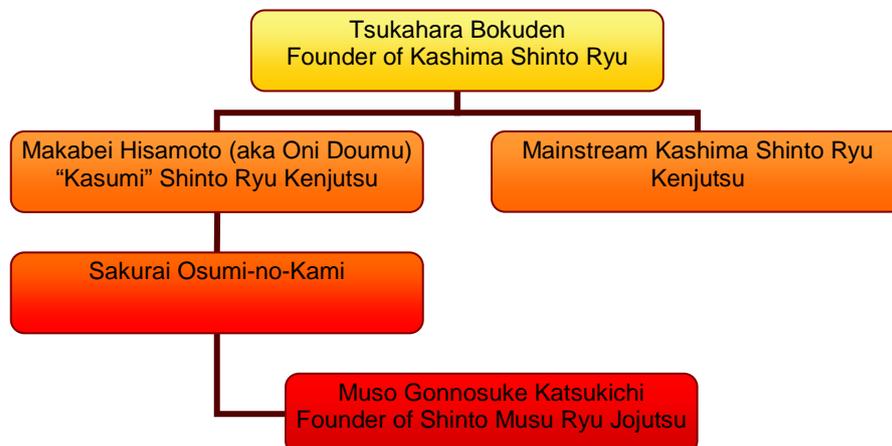
### Auxiliary Weapon Systems (part 1)

Jodo is like many classical Japanese martial arts, a sogo bujutsu, or comprehensive martial system. Within Shindo Muso Ryu Jojutsu there are several weapon systems as well as some jo grappling techniques. This article provides a brief outline of three of these systems.



### (Kasumi) Shinto Ryu Kenjutsu

The origin of this style of kenjutsu is fairly unclear. It was taught by Shimizu Sensei to his students as "Shinto Ryu Kenjutsu" although there are indeed many styles of swordsmanship in Japan which have the prefix "Shinto Ryu". While it is difficult to prove at the current time, there is evidence to support the theory that the Shinto Ryu Kenjutsu of Shinto Muso Ryu originated from Kashima Shinto Ryu, comprehensive martial system including kenjutsu and iaijutsu. This evidence, which has been validated by Kaminoda Sensei, indicates the following lineage of teacher to student in the development of Kasumi Shinto Ryu Kenjutsu:



Furthermore the author has researched that there is a lake extremely close to the Kashima Shrine, where Kashima Shinto Ryu practitioners make their worship, called Lake Kasumi. It is possible, albeit utterly unproven, that Makabei Hisamoto may have incorporated this name into his style of swordsmanship.

The style of Shinto Ryu Kenjutsu as taught by Shimizu Takaji Sensei consists of 12 kata comprising of 8 tachi kata and 4 kodachi kata.

<b>Shinto Ryu Kenjutsu*</b>		
<b>Name</b>	<b>Meaning</b>	<b>Format (Shi v Uchi)</b>
Ai suri (hidari)	Sliding attack (left)	Tachi v Tachi
Ai suri (migi)	Sliding attack (right)	Tachi v Tachi
Ju	Eagle	Tachi v Tachi
Chibarai	Cutting across the chest	Tachi v Tachi
Sarin	Wheeling to the left	Tachi v Tachi
Ukenagashi	Flowing parry	Tachi v Tachi
Nito ai	Two swords meeting	Tachi v Nito
Surikomi	Slide and crowd in	Tachi v Tachi
Inchu	Middle of the throat	Kodachi v Tachi
Ukekaeshi	Receive and return	Kodachi v Tachi
Miukedome	Three blocks	Kodachi v Nito
Tsukidashi	Sudden thrust	Kodachi v Tachi

\*Note that the order and name of some of the forms is different between the Tokyo style and the Fukuoka style

The speciality of this style is the emphasis given to attacking vital areas of the body. With the exception of two of the Kodachi kata, none of the attacks by the Shidachi are to the head. Instead cuts are delivered to the insides of the wrists, the kesa line (although this is likely to be from the join of the neck to the shoulder), the back of the neck etc. This may reflect the battlefield nature from which the style originates from (Kashima Shinto Ryu being developed during the feudal era of Japan).

#### Ikkaku-Ryu Juttejutsu

The Jutte is an iron truncheon. History indicates it was used to pacify and subdue criminals (and maybe samurai who had had one sake too many) without causing unnecessary harm.

The system of Jutte was introduced into Shinto Muso Ryu Jojutsu by the 3<sup>rd</sup> headmaster Matsuzaki Kin'emon. Ikkaku-Ryu was originally a school that dealt with arts of arrest and thus incorporated many weapons including the jutte, the fan and the short stick among others. Many of the forms in Ikkaku Ryu Juttejutsu thus incorporate the fan as an assisting weapon.

There are two main teaching sets, Omote and Ura, each comprising of twelve forms with the same names as follows:

<b>Ikkaku Ryu Juttejutsu</b>	
Ukan	Right thrust
Sakan	Left thrust
Zangen	Remaining sword
Keage	Rising kick
Ichiranken	One chaotic sword
Irimi	Projection
Ippuu	One wind
Me ate	Hitting the eye
Uto	Right sword
Gorin	Five rings
Issei	One voice
Kasumi (koden)	Mist (oral tradition)

## Ittatsu Ryu Hojojutsu

The same headmaster also assimilated Ittatsu Ryu Hojojutsu into SMR Jojutsu. This style incorporates the use of the rope and tying to restrain an opponent. It is likely that this system was both used on the battlefield to restrain prisoners as well as a method of arrest of criminals.

Different detainees required different systems of restraint depending on their class, however it was rare that the tying system would either cause harm or discomfort if the prisoner did not struggle.

The style is divided into three teaching sets; low, middle and high.

<b>Ittatsu Ryu Hojojutsu*</b>					
<b>Ge – Lower</b>		<b>Chu – Middle</b>		<b>Jo - Higher</b>	
Ichimonji haya nawa	Straight-line fast rope	Hishi haya nawa	Fast caltrop rope	Jûmonji haya nawa	Crossed fast rope
Hagai tsuke haya nawa	Pinioned fast rope	Hishi nawa	Caltrop rope	Jûmonji nawa	Crossed rope
Hitoe hishi nawa	Single caltrop rope	Jûmonji nawa	Crossed rope	Futae hishi nawa	Two-fold caltrop rope
Shin hagai tsuke nawa	Heart pinioned rope	Bajô bagai tsuke nawa	Mounted pinioned rope	Kikô nawa	Alert rope
Ya hazu nawa	Nocked rope	Tombô nawa	Dragonfly rope	Age maki nawa	Wrapping up rope
Sumi chigai nawa	Shades of rope	Shin futae hishi nawa	Two-fold heart caltrop rope	Shin hagai tsuke nawa	Heart pinioned rope
Shin tombo nawa	Heart of the dragonfly rope	Shin kikô nawa	Heart alert rope	Munawari hitoe hishi nawa	Split-chested single caltrop rope
Happo karami nawa	Eight-way entangling rope	Yagura hishi nawa	Turret caltrop nawa	Kiri nawa	Cut rope
Yagura hishi nawa	Turret caltrop rope				

\*The translation is by the author who accepts all responsibility for any mistakes; they are his own.

The rope used in this style is about 5m in length.



Shimizu Sensei demonstrating Hojojutsu